



Item Code 314/001/0025 (25 kg) 314/401/0500 (500 g) PRODUCT NAME WHOLE NUTMEG NUTS

1) GENERAL DESCRIPTION

Product	Miristica fragransL.
Origin	Sri Lanka

2) NUTRITIONAL VALUES in 100 g (Average Values - Source: USDA Nutrient Database)

Energy value	2196,6 kJ – 525 kcal
Carbohydrate	49,29 g
 Of which sugar 	2,99 g
Protein	5,84 g
Fat	36,31 g
 Monounsaturated fats 	3,22 g
 Polyunsaturated fats 	0,35 g
Saturated fats	25,94 g
Minerali	1,98 g
Fibra alimentare	20,8 g

3) CHEMICAL-PHYSICAL PARAMETERS

Appearance	Whole nutmeg. Color light brown	
Smell	Characteristic aromatic, no off smell	
Taste	Characteristic, no off taste	
Volatile oil	≥ 5%	
Humidity	≤ 10%	

4) MICROBIOLOGICAL PARAMETERS

Total plate count	<10 ⁶ ufc/g
E. Coli	<10 ² ufc/g
Enterobacteriaceae	<10 ² ufc/g
Moulds and yeast	<10 ⁴ ufc/g
Salmonellae	Absent

5) BIOLOGICAL PARAMETERS

GMO	Absent
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PRODUCT SPECIFICATION



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6) CERTIFICATIONS

Organic Agriculture	Yes
NOP	
Bio Suisse	
JAS	
Kosher	
BRC	

7) STORAGE AND TRANSPORT CONDITIONS

Storage	Store in a cool and dry place. Protect from humidity, heat and source of possible cross	
	contamination.	
Notes	Product stored in dedicated warehouse with controlled temperature	

8) PACKAGING AND SHELF LIFE

Packaging	Jar in PET with caps in PET, double layer paper bag food grade		
Net weight	500 g, 25 kg		
Shelf -life	Best before date within 48 months from the production		

9) SAFETY MEASURES

CAS registy number	607-91-0 Empirical formula: C ₁₁ H ₁₂ O ₃		
Safety data sheet provided	Yes		
Legislation reference	Reg. CE 1272/2008		
Active ingredient	Myristicin		
Hazard statements	H316f		
Prevention precautionary statements	P281		

10) REFERENCE LEGISLATION

- Regulation (EC) No. 834/2007 "Production and labelling of organic products"
- Regulation (EC) No. 852/2004 "Hygiene of food products"
- Regulation (EC) No. 1169/2011 "Provision of food information to consumers"
- Regulation (EC) No. 1935/2004 "Food Contact Materials"
- Regulation (EC) No. 1881/2006 "Maximum levels of certain contaminants in food products"



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Controlbody at origin Soil Association

11) ALLERGENS

Allergens	Existing inside the product	Existing in the production	Existing in the storage place	Existing risk of contamination
Cereals containing gluten: wheat, rye, barley, oat, spelt, khorasan and derived products	NO	line NO	YES	NO
Shellfish and derived products	NO	NO	NO	NO
Molluscs and derived products	NO	NO	NO	NO
Eggs and derived products	NO	NO	NO	NO
Fish and derived products	NO	NO	NO	NO
Peanuts and derived products	NO	NO	NO	NO
Soy and derived products	NO	NO	YES	NO
Lupin and derived products	NO	NO	YES	NO
Milk and derived products (included lactose)	NO	NO	NO	NO
Fruit with shell: almonds (Amigdalus communis L.), hazelnuts (Corylus avellana), walnuts (Juglans regia), cashew nuts (Anacardium occidentale), pecan nuts [Carya illinoesis (Wangenh) K.Koch], Brasile nuts (Bertollethia excelsia), pistachio (Pistacia vera), Macadamia nuts (Macadamia ternifolia) and derived products	NO	NO	YES	NO
Celery and derived products	NO	NO	YES	NO
Mustard and derived products	NO	NO	YES	NO
Sesame seeds and derived products	NO	NO	YES	NO
Sulphur dioxide and sulphites up to 10 mg/kg or 10 mg/l as SO ₂	NO	NO	NO	NO

Editing	Control	Approval	Last revision
March 2017	January 2020	January 2020	May 2020